

The **Prevention and Safety Unit** (Unità Prevenzione e Protezione, SPP) is a high level technical structure of the **National Research Council** (Consiglio Nazionale delle Ricerche, CNR), the largest public research institution in Italy. SPP coordinates all activities related to prevention and safety in workplace, addressing research and projects. Moreover, SPP has promoted and promotes innovative health activities, often in collaboration with national and international partners.

SPP's projects on cardiovascular prevention:

- "PROmozione e Tutela della SALute (PROSA)" (2000-today) for the staff of CNR is an occupational medicine program for the staff of CNR based on screening and intervention (life style and pharmacological) for cardiovascular risk factor prevention using a computerized calculation of the coronary individual risk profile (first application in Italy);
- "Coronary Heart Disease Prevention Programme" (2002-2013), an occupational medicine program for the staff of the Food and Agricultural Organization (FAO) of the United Nations in Rome;
- "Put your heart into your work" (2015-2017), an occupational medicine program of collaboration between CNR and Italian heart Foundation (FlpC) for the staff of the Ministry of Labour and Social Policies in Rome;
- "Cardiometabolic pharmacy" (2011-2014), a model of alliance between Italian medical doctors and pharmacists to maintain adherence to pharmacological therapy and improve cardiovascular prevention involving pharmacist in Italy and in Argentina;
- "European Life Saving App" (2015-2017) on cardiopulmonary resuscitation of the European Heart Network (EHN) as collaboration between SIPREC (Italian Society for the Cardiovascular Prevention) and the British, Dutch and Irish Heart Foundations;
- "Eat Well for a Healthy Third Age (EWHETA)" (2014-2019) supported by the Italian Ministry of Education, University and Research (MIUR);
- "Olive oil in the prevention of the chronic degenerative diseases in the workplaces" (2012-2015) supported by the International Olive Council (IOC) of Madrid, Spain;
- "Medical doctors, film-makers, journalists and students allied in cardiovascular prevention (2018-2020), European Heart Network (EHN)'s Project in collaboration with the Italian Society for cardiovascular Prevention (SIPREC) and the Slovenian Heart Foundation (SloHA);
- "A vending machine for a friend: a way to encourage healthier choices at school and reduce overweight" (2020-2021), European Heart Network (EHN)'s Project in collaboration with the Italian Society for Cardiovascular Prevention (SIPREC) and the Lithuanian Heart Association (LHA);
- "Contro il Cancro, Conoscere per Prevenire (Against Cancer knowing to prevent, CCCP)", an occupational medicine program aimed at educating the CNR staff of Rome and Bologna offices on cancer prevention through awareness and education campaigns using on line questionnaires, articles dissemination, story-telling, interactive games and e-learning courses on cervical cancer, breast cancer, colorectal cancer.

SPP has an e-learning platform (<http://moodle-2.bo.cnr.it/moodle331/>) for researchers involved in prevention activities.